ABSTRACT OF THE DISCLOSURE

A workbench of pallet rack construction where the front to back distance between vertical posts is set to accommodate an integral number of off-the-shelf lumber pieces to be laid side by side and parallel to the cross members as a work surface. Cross members containing and upper and lower lip enable the workbench top surface to be continuous from front to back, minimizing the gaps between lumber pieces and allowing off-the-shelf lumber pieces to support the lumber pieces used for the top surface. An additional right angle brace spanning from the front to back horizontal cross member and attaching to the cross members prevents disengagement of the cross members under table top vibration, and allows for a continuous workbench surface by enabling a butt joint for two sets of commercial off-the-shelf lumber spanning in either direction from the center of the vertical posts.